



Pine Tree Notes

GFWC Maine Newsletter
November / December 2014



Our Past Will Determine Our Future



President's Letter

Marjorie Goodwin
DMGoodwin2@live.com

What a beautiful Fall! The colors were outstanding and the warm days were certainly appreciated. Leaf peeping was top priority of "things to do" when a few "extra" minutes were found. Now to prepare for the dreaded four letter word....SNOW. It won't be long before shovels will replace rakes in our outdoor equipment rack. The clocks will have been turned back by the time you read this letter.

The GFWC Maine Fall Conference was held in Waterville at the Best Western Plus on October 9th. Activities started with a banquet and entertainment the night before the conference. It was a wonderful evening...good food and amazing entertainment. After reading the evaluation sheets from the women attending, it was decided that the one-day Fall conference was a big success. I want to thank everyone who wrote comments on their evaluation form and will be taking the comments into consideration when planning our future meetings. Thank you, GFWC Maine clubwomen, for attending. Seventeen out of twenty-two clubs were represented! Seventy-four clubwomen registered for the conference. Nancy Ames had the Community Service Program Chairmen give short talks about their programs. With trench coats, hats and magnifying glasses, they came to the microphone with the song "Mission Impossible" playing in the background. Very well done, Nancy, informative and entertaining. A new approach was just what we needed. President's Project Chairman, Kathy White, had two women speak to us regarding Elder Abuse Awareness. Thank you, Kathy. It was an information packed conference....probably too much for some and not enough for others. Next Fall, the conference will be in Bangor at the Hilton Garden Inn. It will be a one-day event and I will try to make it as interesting and informative as possible.

The New England Region Fall Conference will be "history" when you read this letter. There were 18 GFWC Maine clubwomen in attendance at this conference in Burlington, Vermont on October 31 to November 2. This conference is always most enjoyable and any clubwoman can attend. It is great to meet clubwomen from all over New England and I always come back with something new to think about.

Your President has been very busy this Fall, visiting several clubs and having the honor of installing officers in two of the clubs. I enjoy meeting clubwomen who do so much in their communities. I learn something new at every visit. We learn from each other. As I have said in the past, please let me know what date would be okay for a visit and I will be there if possible. With a two-year administration, maybe I can visit each club twice!

I wish for each of you, a very Happy Thanksgiving and a Merry Christmas. These are times to be spent with family and friends. Enjoy every minute!

In Federation Love,

Marjorie E. Goodwin
GFWC Maine State President
2014-2016

Proud member of the General Federation of Women's Clubs

**2014 GFWC Annual Convention Awards
Presented to GFWC Maine!
(and announced at our Fall Conference)**

**Color
3rd Place**



*Summer Fun
at the Pond*

Sue Ellen Lexier

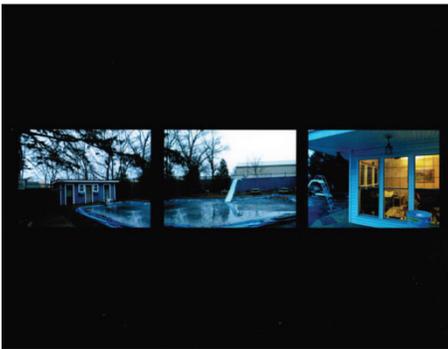
**Black & White
2nd Place**



*Tip Toeing
in Church*

Nancy
Ames

**World in Pictures – Scenes
High School**



**Color
1st Place**
*Sliding into
Melancholy*

Tabatha Norton

**A Year in Pictures
GFWC 2014 Calendar**



**November
Autumn
Beauty**

Sue Ellen
Lexier

Anne's Quilt presented at the 2014 GFWC Maine Spring Convention





A Special Thank You

Dear Ladies,

Thank you so very much for all the hard work you put into making the squares for my GFWC Maine quilt which was presented to me at the end of our Spring Convention in Augusta last May. A special thank-you goes to Barbara Austin for putting the quilt together so beautifully, and to Minnie McCormick for orchestrating the project. This quilt is one of the greatest gifts I have ever received. It will always serve as a reminder of the many happy memories shared with all my GFWC Maine friends during my travels across our state.

Barbara ran a pocket across the top of the quilt so it could be hung on a rod. It is proudly displayed for me to enjoy daily, and for others to enjoy as well. For the first month after receiving this gift, I discovered new things on some of the squares almost every day that I hadn't noticed before. It is an incredible gift from all of you, and will always be dearly treasured!

With Love & Appreciation,

Anne H. Cress

GFWC Maine Immediate Past President



More 2014 GFWC Annual Convention Awards Awarded to GFWC Maine!

Education Program Award

Thanks to 2012-2014 Education Chairman, Roberta Morrill, for her extraordinary report sent to GFWC about the many wonderful projects our Clubs have done.

Arts – Partnership Award

Due to the report submitted by Wilma “Billie” Sherman, for her work in distributing information to our clubwomen about the “Faces Make Places” Program, along with suggested ideas included in the handout distributed at the GFWC Maine Fall Conference in 2013.

Signature Project: Domestic Violence Awareness & Prevention

Signature Project: Domestic Violence Awareness & Prevention

Fund Awards:

10th – Suzanne Raymond

This GFWC Maine clubwoman has given much time to this particular project, having served on the GFWC Signature Project: Domestic Violence Awareness and Prevention Committee. However, this award does not count hours spent in promoting this project, only in personal money donated.

6th – GFWC Maine

For our \$910.00 donation to the GFWC Signature Project: Domestic Violence Awareness and Prevention Fund benefitting the GFWC Success for Survivors Scholarship Fund. This money was donated through contributions from our clubwomen to the “Purple Piggy,” and from a generous donation from the GFWC Semper Fidelis Club through the sale of the purple ribbon scarves so many of our ladies wear.

**Save the date: June 13-15, 2015 – Celebrate GFWC’s 125th
Year at the Annual Convention in Memphis, Tennessee**

**GENERAL FEDERATION
of WOMEN’S CLUBS**





President-elect

Mary Libby
MKLibby@yahoo.com

What a weekend we had at the New England Region Conference in Burlington, VT! Maine had 18 representatives who enjoyed wonderful fellowship with other GFWC sisters, heard International GFWC President Babs Condon and joined her in the "happy dance"!

The highlight of the weekend was the Halloween Costume Party! Maine women got into the spirit of the evening by wearing amazing costumes. Megan Libby of Southern Midcoast Woman's Club won first place as Elphaba the wicked witch from Wicked. Pat Currier, Norma Manning, and your president-elect all dressed as the "flying monkeys".

On a more serious note, we were inspired by the sharing from other New England clubs as they told of their efforts in the many needs they are filling in their communities.

This president-elect encourages you to attend conferences and conventions. Not only are they fun, they encourage you in your efforts to volunteer and help those in need.

By the time you read this the deadline for LEADS applications will have past. A GFWC member from Maine will be named as our LEADS ambassador to this great workshop.

I am sending wishes for a happy holiday season to you and your family.



Vice President

Nancy Ames
NancyAmes76@gmail.com

What a great GFWC Maine Fall Conference. Hope you all enjoyed it as much as I did. What a wonderful start for a new administration! Just a reminder, due date for 2014 Club Reporting is January 15th. I am looking forward to reading all the amazing projects our State of Maine Clubs have done over the past year. If you have any questions at all, please feel free to contact any of the Committee Chairmen or myself – that's what we are here for. Happy Reporting!



Recording Secretary

Carol Jarvais
RJ Jarvis@myfairpoint.net



Treasurer

Sheri Walsh
SWalsh1964@gmail.com

Congratulations & Best Wishes to Sheri on her recent marriage!



Corresponding Secretary

Wendy Bowler
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Thank you all for your comments and encouragement upon the completion of my first newsletter and directory.

As always, I welcome recommendations and ideas on what you would like to see in both. As you review the directory, if you see anything that needs to be corrected, please email me with the page and correction.

Please take time to check out the advertisers in the directory and thank them for their support of your club and GFWC Maine when you see them.

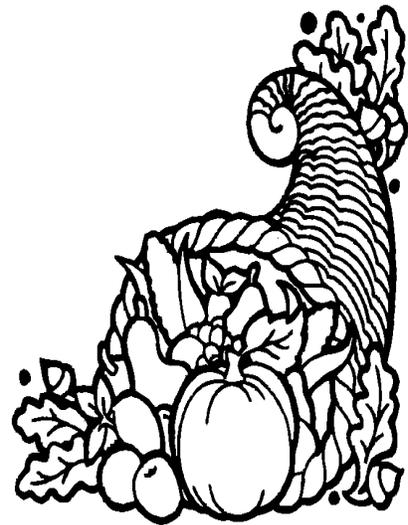
Next deadline – articles for Pine Tree Notes January/February edition are due in January 7, 2015.

May everyone have a safe and joyful holiday season!



Parliamentary Advisor

Libby Wiers
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DISTRICT PRESIDENTS

District 1 Nancy Kenty
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District 4 Sheri Walsh
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CLUB NEWS

DISTRICT 1

GFWC Research Club of Limerick

The year started with our annual potluck luncheon and new programs booklets with great topics for the coming year. October was Elder Abuse Awareness with Karen Connelly speaking. This was a rude awakening to an ongoing problem ending with much discussion. The club will hold a 50/50 raffle on Election Day to support the cause. Fall conference was well attended and we will have representation at the New England Region Conference as well. We have replaced American flags on the town's streets with the help of local businesses.

The Homeless Student project, related to Massabesic High School is being supported once a month by members along with an Adopted Graduate who is at college. Letters of encouragement and care packages are given to these students during the year as a goal for continued success.

The November meeting will be presented by one of our own Veterans on "The Revolutionary War and the founding of Limerick". In December the club will participate in the town's Christmas Tree Lighting and the sale of the Red Bow decorations for the President's Project, The Wounded Warriors of Maine.

GFWC Westbrook Women's Club

The club started the year off with a Luncheon and the Outreach Chairperson gave a report on all of the meetings for the year.

Unfortunately the Silver Tea had to be cancelled but Marjorie Goodwin, GFWC Maine President, gave a wonderful report.

The second meeting was information about what was in a Time Capsule that the City had opened. Several members attended the State Conference and several will be attending the New England Conference, also.

GFWC Gorham Woman's Club

The Gorham Woman's Club had a great start to their new year. At the September meeting, Debra Bicknell gave a presentation relating to her experiences with Seeds of Peace & her fondness of food from her work and travel with the program. Seeds of Peace is a program now in its 22nd year which fosters dialogue among its participants. Each year Palestine & Israeli teens travel to its only camp, located in Otisfield, Maine, to learn about each other & to foster understanding and friendships with the hopes as the teens become adults their understanding of each other will have a positive impact on their lives.

At the October Open House and Pot Luck Luncheon, the club had three guests, which resulted in 2 new members! At the October meeting, Emma Niles, the Gorham High School attendee to the Maine Youth Leadership program last June, told the club about her experience and said that since attending she has become more active as a volunteer within her school and community as well as taking on leadership roles she would have never thought she could do prior to her attendance to MYL. By the end of her experience at MYL, she truly felt better about herself and her own abilities as well

as making a new friend that she is in contact with "almost daily" even though they do not live near each other.

There were four club members that attended the GFWC Maine Fall Conference in Waterville. These members told the group at the October meeting about how much they enjoyed attending the conference, getting ideas, learning about other programs and meeting other clubwomen throughout the state. They encouraged everyone to try to attend the Spring Convention.

GFWC Southern Midcoast Woman's Club

Fall started with 2 bottle drives. One for the Cancer drive, in honor to a member's friend who has cancer and the other was for the 'Mia Project' a rescue project for dogs with disabilities.

They are also made yarn hats ornaments for the Fund Raising table at GFWC Maine's Fall Conference.

President Megan was at New England Conference and won the Scariest Costume Prize, as the Wicked Witch of the West.

DISTRICT 2

GFWC Livermore Falls Women's Club

On September 8-9 The club's lawn and bake sale was held, raising \$571.00.

The September meeting was at LaFleur's restaurant. The installation of officers took place along with a delicious lunch.

October's meeting was held at the local church hall, which was decorated with fall colors.

Club members had the privilege of having Marjorie Goodwin, GFWC Maine President, as their speaker. Her presentation on Elderly Abuse and Elderly Care was filled with

energy and enthusiasm. An enjoyable luncheon of sandwiches, homemade soups and desserts was served. The meeting was fun and informative.

The club is looking forward to a good year.

GFWC Skowhegan Woman's Club

Members gathered at the Heritage House in Skowhegan to welcome fall and a new club year. A new activity for the club meeting was initiated. "Getting to Know You". Each month will enable one member to share a glimpse of a special activity or interest with the club in an effort to get to know one another a little better.

The budget for 2014-15 was presented, discussed and approved. Deb Burnham thanked everyone for their donations of food and time for the club's summer project, Concerts in the Park. \$400.00 was earned.

The Skowhegan RiverFest Antiquities Appraisal Show, with appraiser Tim Gould, sponsored by GFWC Skowhegan Woman's Club and GFWC Semper Fidelis Club, was held in August. Open to the public, people paid a small fee to have antiques appraised. The auction raised \$246.00 to be donated to "Meals On Wheels". Skowhegan RiverFest is sponsored by Main Street

A new volunteer project was presented to club members. Crystal Tufts explained an idea for a Pen Pal program between GFWC SWC and some residents at Woodlawn Rehabilitation and Nursing Center. The club voted to participate in this program and each member received a name of a resident and will send a card once a month. A visit will be made twice a year for a "meet and greet" with residents while enjoying entertainment and refreshments.

In October, Marjorie Coburn Black was our "Getting to Know You" person of the month. She amazed members with her marksmanship

accomplishments, which included NRA Qualifying Competition as well as her membership in the Lady Rifle and Pistol Club.

October's guest speaker, William J. Kirkpatrick, is the Program Director from the Alzheimer's Association. He spoke about the warning signs of Alzheimer's and other dementias as well as informing SWC about clinical studies that will hopefully lead to the end of the disease.

Crystal Tufts updated members on our Elder Care Project. The Pen Pal program is helping to provide an exchange between our club and the Woodlawn Rehab and Nursing Center. SWC Vice President, Nancy Gould, read a letter she had received from one of the residents and looks forward to meeting her Pen Pal.

President Mary Turbyne appointed a committee to review the club By-Laws.!

Ten club members attended the GFWC Maine Fall conference. Sue Ellen Lexier received a certificate for her 3rd place photography award at the GFWC Annual Convention and also has the honor of having another of her photographs being chosen for the GFWC "A Year In Picture Calendar". Sue Ellen's picture can be seen on the 2015 GFWC Calendar for November.

Billie Sherman, GFWC Maine Chairman of the Arts Partnership, also received an award at the International Convention for the Arts Partnership Report on Faces Makes Places.

Sue Ellen was appointed to the Courtesy Committee and gave the committee report at the closing of the Fall Conference.

Waldoboro Woman's Club

Twelve club members gave 159 hours of docent service to the historical German Meeting House during the months of July and August. Club member Becky Maxwell serves as volunteer coordinator for docents. An additional total of 81 hours was donated to the Waldoborough Historical Society Museum by seven members June through August. Club member Marilyn Andrews organizes the schedule for W.H.S.

Meenahga Grange #55, presented Jean Lawrence the 2014 Community Citizen Award at a public meeting on September 8. Jean was recognized for her dedication, personal involvement and outstanding service to the community and mankind. A gift certificate and plaque accompanied the surprise presentation. Jean serves as club secretary and has been the GFWC Maine Short Story First Prize recipient for the past two years. Her short story "Sedony's Story" has been published in the 2014 edition of the *Goose River Anthology*.

Two speakers on historical topics will lead the club's programs for this year: October, Donald Lord, author of *Gentle Revolutionary*; November, Mark Biscoe, author of local history. Our December meeting will feature the collection of gifts and books for children in the community. Support of the Waldoboro Food Pantry is an on-going project for which members bring donations to each meeting.



DISTRICT 3

GFWC Patawa Club

The GFWC Patawa Club 2014-2015 year is off to a great start. The club is planning a Breakfast with Santa and Mrs. Claus on December 13th from 8:30 to 10:30 at the Bangor YMCA. This promises to be a fun family event with half the proceeds going to Literacy Volunteers of Bangor to support their 2015 Literacy Tea fundraiser. Also in December, Patawa will hold its annual Christmas dinner and silent auction. Members have chosen Literacy as their focus this year and have been visited by Literacy Volunteers of Bangor's Executive Director, Mary Lyon, at their October meeting. Keep up to date with what's going on with Patawa by following us on Facebook www.facebook.com/PatawaClub. We had 2 members who attended the Fall Conference in Waterville on October 9.

GFWC MIOSAC Club

The GFWC MIOSAC Club of Dover-Foxcroft has been busy since the last Pine Tree Notes was printed in Sept./Oct. In September, the club had a pre-meeting potluck at member Pat Jones' house with 17 members present. It was so nice to see everyone after the summer. The food was delicious. Wonderful cooks are in our midst!! Their first meeting of the year was on October 7 at 6 pm at Thayer Parkway, which is their usual venue. With food in mind STILL, the meeting was titled "Catching Up With Casseroles". There were casseroles, salads, bread and dessert prepared by our Advisory Committee Mae Johnson, Minnie McCormick and Pat Jones. Minnie McCormick introduced the guest, District 3 President Jane Le Vie. Jane told the club about herself and how she came to be a GFWC Maine officer. Everyone was pleased to have her at the first meeting. A committee was formed to start work on six large informational posters to put around town on Elder Abuse Awareness to

be put up on Oct. 25 "Make a Difference Day". On Oct. 8, three members attended the Fall Conference banquet at the Best Western in Waterville and were entertained by witnessing the "Fire and Ice Show". On October 9, seven members attended the Fall Conference. This was Marge Goodwin's official first GFWC Maine meeting. They heard about Elder Abuse Awareness, which is the President's special project for 2014-2016. Lots of information was gathered to present to the individual clubs. The club's second meeting of the year was held on Oct. 21, Cathy Goodine introduced the guest speaker, Amy Guyotte, who spoke with the group about "Legal Shield". Minnie McCormick introduced the second guest speaker, Dennis Dyer, candidate for Piscataquis County Sheriff, who spoke about Elder Abuse and how it has affected him in his 42-year career. Hostesses were Athalie Burke and Dot Tonick. The six posters were completed and displayed around Dover-Foxcroft on Oct. 25 as planned. The club's next plan of attack is to make smaller Elder Abuse Awareness posters to go up in smaller venues. They plan to PLASTER the signs around town.

GFWC Newport Woman's Club

The GFWC Newport Woman's Club welcomed FOUR new members at its October meeting. EIGHT members attended the Fall Conference in Waterville in October. GFWC Maine President Marjorie Goodwin attended their October meeting and introduced the President's Project for 2014-2016. The club calendar committee tried to reflect President Marjorie's project. The November meeting will feature speaker Betty Martin and her book "Alzheimer Walk", relating to her personal walk with her husband.

Members still have Bicentennial coverlets to sell and plan to do that at the Nokomis Craft Fair. Boxes of

personal items for deployed soldiers were sent following the October meeting and postage stamps will be sent to Togus for veteran's use. The club looks forward to a busy Winter season.

GFWC Pittsfield ARTS Club

The GFWC Pittsfield ARTS (Always Ready to Serve) Club started out their club with a potluck supper and meeting at the home of honorary member Carol Ouellette. At this meeting the club prepared the menu to serve at the local Welcome Table, which is a free meal that is served every Friday at a local church. The club met on October 7th at the Pittsfield Public Library and guest speaker for the evening was Non Bell who is the Community Education for the Family Violence Project in their area. Club members enjoyed her talk and are pleased they can do Christmas gifts every year for a local shelter.

Four club members attended the fall conference at the Best Western Plus Waterville Grand Hotel in Waterville on October 8th. All enjoyed the speakers and meeting up with many federation friends.

The club hosted a very successful "Meeting the Candidates" night on Tuesday, October 14th at the Pittsfield Town office council chambers. Many candidates running for state, county and local office were given the opportunity to speak on a variety of topics of interest to them. This was followed by a period of questions from the audience. Refreshments were served to all and the club was pleased to provide this for the public during election years. The ARTS club will be hosting a "Lunch to Go" at the polls on Election Day at the Pittsfield town office. This is a new event to be hosted by the club and they look forward to serving soups, chili, biscuits, desserts and a drink and help their treasury a little. Funds raised by the club help them support many

local and other groups on an ongoing basis.

GFWC Cosmopolitan Club

The GFWC Cosmopolitan Club of Dover-Foxcroft We have proud news to share: Project Linus has been one of the favorite projects this club has supported for many years. GFWC Cosmopolitan Club boasts that member Doris Scott recently entered the Project Linus Blanket/Book Contest sponsored by Memory Makers Quilt Group. Money is raised for Project Linus also, by folks voting on a quilt by donating a dollar. Yippee! Doris' quilt won first place.

GFWC Outlook Club

The GFWC Outlook Club of Hartland began the club season with a well-attended potluck supper in October. Members were brought up to date with GFWC and GFWC Maine doings and there was a brief discussion of plans for the coming year. We hope to make it a productive one; more news later.....

GFWC Dexter Women's Literary Club

The GFWC Dexter Women's Literary Club held their annual secret auction and membership social in August, with a little surprise. A guest speaker demonstrated cake decorating, and by the end, this cake with the writing "Happy 70th Anniversary" was presented, as a surprise, to 70-year club member Ruth Shurman. Ruth is an honorary member who was president of the club 1951-1952. Congratulations, Ruth! GFWC Maine President Marge Goodwin spoke at the club's September meeting, giving the finer points of belonging to GFWC and discussing what her theme will be during her administration. Four club members attended the Fall Conference, and the club provided door prizes and table favors. Jane Gilbert was presented a certificate for having read over 400 books and reporting on them of ESO....congratulations, Jane! In

October, the club held their annual baked bean supper, which was a great success. It was held during the Dexter Regional High School's Homecoming parade, which was a lot of fun. At the October meeting, the guest speaker was PJ Laney, Risk Management Analyst from Bangor Savings Bank, who gave exceptional information about what banks are doing to recognize and help elderly people who are being taken advantage of financially.

DISTRICT 4

Castine Woman's Club

The Castine Woman's Club has had such a fun and busy Spring, Summer, and Fall this year!

Highlights included learning about "Best Practices in Physical Therapy" from Kacey Hutchins from Blue Hill Memorial Hospital, hosting the District 4 (Hancock County) Art Contest, an enlightening talk by Amanda Provencher on "Community Supported Agriculture," and a colorful talk by CWC's own expert weaver Marjie Wheeler on "Art to Wear and Art for the Home." This June's potluck included installation of talented new officers for 2014-2016 with President Jeannie Reed and Vice President Venessa Arsenault. The Club is fortunate to retain Marjie Wheeler as secretary and Sam Friedlander as treasurer.

The Club was excited again this year to provide desserts and volunteers for the Maja Trivia Tournament of Champions for peninsula middle school students at Wilson Museum.

The Club's been as busy as ever with successful fundraisers including both a Winter and a Spring Bridge Luncheon, a town meeting food concession, Fourth of July Pie Sale, and an August Flash in the Pans concert. The Club was pleased to award \$3500 in scholarships to local students in June.

In addition, the CWC was thrilled to announce a donation to the Castine Town Hall of a new Smart 55-inch HDTV and DVD player for community use for PowerPoint presentations, movies, etc. The equipment was purchased through Community Improvement Project funds raised during the winter Dinners-at-Noon. The town and community are excited to receive the CWC gift.

In addition to raking leaves, CWC members have been busy with fun fundraising events and stimulating meetings this fall. Scholarship fundraisers included participation in Castine's first Pumpkin Fest. CWC hosted the bake sale and a pumpkin cooking contest. Kudos go out to CWC members Sue Macdonald and Sharon Biggie, major organizers of the Pumpkin Fest. In November, the Club held its annual Election Day Bake Sale, a popular event for voters.

For fall meetings, the Club kicked off its 2014-2015 membership year in September with an Autumn Tea in the newly renovated barn at the Wilson Museum. Members enjoyed the use of CWC's sterling silver tea set while enjoying an enlightening talk by Patty Hutchins on Native American basketweaving.

The annual luncheon at the picturesque Manor Inn was held in October. In November, the Club's creative Vice President Venessa Arsenault spoke on "How to Write a Life History." In December, the Club looks forward to a holiday gathering at Wilson Museum to make holiday swags/centerpieces with fresh greens generously provided by Fran Bos and other members. As a special treat, Treasurer Sam Friedlander will also demonstrate how to make delicious chocolate truffles.

The CWC wishes everyone the sweetest of holiday seasons!

GFWC Lubec Woman's Club

The Lubec Woman's Club's Cash for Careers (C4C) program entered its second year in September. This career-orientation program for 8th graders enrolled at the Lubec School was initiated during the 2013-14 school year, and is designed to provide students with early opportunities to explore some of the various careers available to them. Each month a guest speaker from the area comes into their Lubec classroom to discuss that speaker's career. Information is shared such as: how they chose their career; the education and experience needed; the responsibilities involved; the importance of good character as well as knowledge and skill; equipment and tools needed (if applicable), the accumulation and care and of these materials; and any other interesting facts regarding their profession. The speakers also share advice for pursuing such a career, and what they wished they had done in 8th grade and high school that would have further enhanced their professional skills.

The students were each given a journal book at the beginning of the program, and were instructed to take notes and write down information learned from the speakers. The students soon discovered some common themes: be polite; do your best; the importance of education; the importance of good character: keep your word, be on time; treat others with respect; responsibility, etc.

Last year's C4C students ended the year with field trips to Washington County Community College and University of Maine at Machias. The students and their 8th grade teacher toured the campuses, interacted with college students, met with instructors, and toured classrooms. As a learning tool, they even practiced filling out an application to the college. This

hopefully gives them a head start on what colleges and trade schools will expect when they actually apply after their high school graduation. During the summer following their junior year of high school, the students will receive a list of community members who are willing to offer them an opportunity to 'job shadow'. This will provide these students a hands-on opportunity to learn about a career in which they are interested. The student must make the contact and arrange for the job shadowing experience.

Upon graduation from high school, the Lubec students will each receive a \$100 scholarship. These scholarships are provided by area businesses and organizations, such as the local bank, the local plumber, the Lions Club, and many other generous community members and groups. The student may use this scholarship for anything related to their future education or career, including but not limited to college application fees, steel-toed boots, stethoscopes, tool belts or books.

GFWC/Narraguagus Women's Club

The GFWC/Narraguagus Women's Club held a "Food Take Out Sale" in late September at the Bayside Shop & Save. The items available were Marafax Baked Beans, Brown Bread, Yeast Rolls, Pickles and Homemade Pies. Over \$400 was realized. Eleanor Millie and Jane Armstrong were the co-chairmen of this fundraiser.

On October 20 the GFWC/NWC sponsored an AARP Program-- "Fraud and Identity Theft". AARP representative, Lori Parham, gave a slide show presentation. Cindy Pinkham, the local Branch Manager of Camden National Bank, gave a talk on how the local bank is available to their patrons for identity theft and scam situations. Officer Jim Malloy of the Milbridge Police Department addressed the audience on ways to avoid

scams. A question and answer period followed. Jay Els of AARP reminded the group about the November 4 election and stated that he brought information about the elections for the participants to take home. Over twenty-five people attended this program. Refreshments were provided by the club members and AARP.

The November 17 meeting of GFWC/NWC takes place at the Women's Health Resource Library in Milbridge. Adam Meyer of Maine Coast Creations will be the guest speaker. He will give a presentation on the Memorial Monument for the Sandy Hook Elementary School Children in CT. created by Maine Coast Creations.

The Club has been asked to donate warm hats and mittens to the Milbridge Fire Department's "Meet and Greet Santa" event. The Club will also furnished holiday gift bags to three local elementary schools that provide a gift shop for their students. The Club donates funds to the Milbridge Area Merchants Association's "Breakfast With Santa".

Janet Migneault will host the Holiday Luncheon. Members will present Wendy Schoppee, Director of Family Support Services, Washington County Children's Program, with Christmas Gifts the members were giving to a needy child in the WCCP.



FUND RAISING

Hi Everyone! We did really well in Waterville! We raised \$280 dollars. Remember to either bring a bag of bottles to the spring conference or collect them at your club and bring the money! It's a very easy and simple way to help out. Also I am still looking to get a couple of people together to put on a golf Tournament for next summer. Remember if you have anything you would like to donate to the table either to raffle or sell please let me know.

Megan Libby

MAINE YOUTH LEADERSHIP (MYL)

Leadership – Volunteerism – Character

www.mainejuvenileleadership.org

Maine Youth Leadership has been developing young Maine leaders for over 30 years. We invite an “ambassador” from every public and private high school in Maine to participate in our four-day leadership seminar held each spring on the Gorham campus of the University of Southern Maine. Through inspiring and informative question and answer sessions, panel discussions and simulations, students experience and learn about some of the decisions leaders have to make. Community leaders from education, politics, journalism, business and government give their time and expertise to challenge students with the tough decisions inherent in a free society. All seminars and events hosted by MYL are provided at no cost to the student, parent or school, ever.

Our Mission –

- To seek out, recognize and develop leadership skills in Maine youth.
- To encourage and assist students at critical times in their quest for self-identification and development.
- To create a network of civic-minded students motivated to return home and better their communities through volunteering.

I extend MYL gratitude to the wonderful and generous women of this organization for their past dedication and commitment to this impactful project and hope to enlist the same support for the 2015 MYL Seminar. Thank you all!

Gloria Tewhey, MYL Chairman

ARTS DEPARTMENT

Design and art go hand in hand. The dove and olive branch peace symbol, was designed by Pablo Picasso. It was just a simple line drawing. It would have been fun to watch his hands as the peace symbol design evolved. Art is the energy of imagination. There is wonderful art in Maine. Just visit the Portland Museum of Art and see what imagination has created. PMA is expanding and diversifying to enrich lives and inspire futures. PMA is a beautiful, progressive museum that is making a difference. PMA offers Free Fridays and also free a School Tour Program. More than 140,000 visitors experienced the museum this year with 8,000 school children and 150 teachers. It would be great to to have each GFWC donate to PMA Annual Fund as they work to becoming the best regional museum in the country. It's time for District Presidents to give the members a pep talk about the arts and make plans for the high school art show. Members need encouragement to write short stories and fiction and to start taking photos for the club member photography contest. Please make sure each club has the art contest rules from the directory and make sure the art contest rules get to the high school office early as the teachers need preparation time and the students need time to create their art. The Art Department needs one or two members that can help with the bucket list, including help setting up the exhibit, take down, contacting judges, and publicity. Art goes hand in hand. Several hands will have more impact on the program success.

Email Barbara Hathaway at
bhaway@myfairpoint.net.

CONSERVATION PARTNERSHIP

Hope you all have had an opportunity to check out the website for Alliance for Trees and are planning on planting a tree or doing something with trees that you could submit for a Community Improvement Project Award. There are many things that could be done from playgrounds, churches, town parks, cemeteries, town squares or schools. Don't forget your reporting and a narrative. I look forward to hearing from every club. This is such a great way for your club to leave a legacy in your town. Happy Planting!!

Sally Manchester, GFWC Maine Conservation Chairman

I am asked to say grace, before this feast of reason and flow of soul. In the writer's request to his Master by Henry Van Dyke is my cautionary grace: "Lord, let me never tell a story without a meaning. Make me respect so much my material that I dare not slight my work. Help me to deal very honestly with words and with people because they are both alive. Give me an ideal that will stand the strain of weaving into human stuff, on the loom of the real, and when that is done, help me to say a grateful Amen."

*Eunice N. Frye, Past Maine President 1905
Portland, Maine November 28, 1915*

Taken from the Forward in "Maine in History and Romance" by Members of the Maine Federation of Women's Clubs

ENDOWMENT FUND

Thank you for supporting the Endowment Fund at GFWC Maine Fall Conference. \$180 was raised for the three items raffled. Thank you to Muriel Bowerman and Ruth Gammon for selling tickets.

We look forward to another successful raffle at GFWC Maine Spring Convention.

Please send your Endowment donations to:
Maureen Provencal
7 Daisy Lane
Skowhegan, ME 04976

Maureen Provencal, Endowment Chairman

ESO

The stars were brightly shining at the Fall Conference of GFWC Maine.

The Star Certificates were presented to Nancy Burdo, Nancy Conant, Meredith Delessandro, Jackie Deschaise, and Ruth Gammon, all from the GFWC Livermore Falls Club. This award is for reading and reporting on 40 books in ten different categories, including the first 16 books they had already read to become members. Nancy Conant also received the Torch Level, which indicates another 35 books from seven different categories.

Special recognition was given to Muriel Bowerman, also for GFWC Livermore Falls, who has finished reading and reporting on 200 books and received her Second Century.

Yet another star was Jane Gilbert from the Dexter Literary Club who read another 100 books and, thus, received recognition for her Third Century!

Congratulations ladies, I am very proud of you.

This is not an exclusive society, all you have to do is be a member of GFWC and start reading. On your computer, go to www.GFWC.org, click on Programs, click on ESO and there is all the material you need, the book lists, etc.

Reports will be happily received by
Maxine Russakoff
1754 Pineapple Ave, Melbourne FL 32935
Doesn't that sound delightful?
Phone 207-431-0398.
Have a nice winter.



HOME LIFE

The Holiday Season is upon us! Don't forget to have your club help out with their local food cupboard, by either volunteering, donating food, or donating money. Also, consider having a heart healthy food cooking demonstration or a healthy cooking class at your next club meeting. These helpful ideas can be reported under Home Life.

Laura Neal
Home Life Chairman

INTERNATIONAL OUTREACH SERVICE PROJECT

At GFWC Maine State Conference in Waterville, all clubs represented were given a packet of information on the partnerships that GFWC has with international charities. For those clubs that did not have a representative present, the packet was sent out to each club president.

The partnerships are Operation Smile, Unicef, Shot@Life and Heifer International. If you are not familiar with these, you can quickly google each organization and find out a wealth of information - far beyond the information provided in each packet from me to your club.

At State Conference, I issued a challenge to all clubs. To meet this challenge, a club must:

1. Report on time in both 2015 and 2016 on what your club has been doing in International Outreach. Reports must contain not only statistics but a narrative. It can be brief.
2. During those two years, you must report at least once about doing something for each of the partnership organizations listed above. It can be either year.

If you meet the challenge, I pledge to assist YOUR club with one of YOUR special projects after Spring Convention 2016. It could possibly be a monetary donation to your scholarship fund, baking for a bake sale, manning a booth at a yard sale... whatever you and I agree upon.

I look forward to seeing what each club will accomplish. Remember send in your reports by the deadline. Have fun, and just think of all the people who will be helped by your efforts. You will help to bring hope in a part of the world where there is very little reason for hope.

Gloria Leveillee
GFWC Maine
International Outreach Chairman

GFWC Maine President's Special Project Elder Abuse Awareness and Prevention

Kathy White, Chairman

President Marge has chosen Elder Abuse Awareness and Prevention as her President's Special Project during her administration. I am pleased she appointed me to serve as the chairman. This project couldn't have come at a better time. We are just beginning to hear how this subject has been affecting our Elders for some time and it hasn't really been addressed. More awareness and education is being brought to the agencies and communities on Elder Abuse than it has in the past but more needs to be done.

It is the most under recognized problem with devastating and even life threatening consequences that falls within domestic violence abuses. Our Maine clubwomen have already embraced the GFWC Signature Project, Domestic Violence Awareness and Prevention, and made a huge impact for our communities and survivors of this horrific issue. Let's make another huge impact on Elder Abuse Awareness and Prevention as well. Who better than us?

It is President Marge's and my hope that all club members will embrace Elder Abuse Awareness and Prevention and become a part of the Team "Highway of Information" to knowledge and awareness of Elder Abuse during the 2014-2016 administration.

In my presentation at the state conference, in October, I shared with members 12 strategies for them to take back to club members and excite them to make the decision on the idea or ideas that is a fit for their membership and community. Here are the strategies to begin the education and prevention of our elders in your communities.

Team "GFWC Maine Highway to Elder Abuse Prevention"

Our 12 Strategies For This Game are:

1. All Team players will Learn the signs of elder abuse and neglect.
2. Team members will Commit to visiting an older friend, family member or neighbor who lives alone or invite them to a family activity, like a local school basketball game.
3. We could Provide a respite break for a caregiver
4. Ask your bank manager if they train tellers on how to detect elder financial abuse. If not, suggest it may be something they want to check into.
5. Volunteer at a local chapter of Meals on Wheels or pledge to commit to one day a month. Home-delivered meals can be helpful in preventing self-neglect. This also allows the volunteer to observe if the senior is managing well at home, or if he or she may need other assistance.
6. Contact your Triad partnership to volunteer on community senior and law enforcement Together (SALT)
7. Team members will investigate how to Organize a "Respect Your Elders" essay or poster contest in your local school.
8. Team players may want to Become a classroom "Grandparent". The grandparent shares in classroom activities, and helps both teacher and students by providing a little extra attention, assistance, and support. The program not only strengthens the educational experience, but also fosters intergenerational respect.
9. Volunteer to be a friendly visitor to a nursing home resident or to a homebound senior in your neighborhood.
10. Send a letter to your local paper, radio or TV station suggesting that they cover World Elder Abuse Awareness Day (June 15) or Grandparents Day in September.
11. Become involved with your local elder abuse prevention coalition or contact your Attorney General's office to enlist support for starting one. More information on how to develop an elder abuse prevention network, visit the NCEA website www.ncea.aoa.gov
12. Invite an attorney to speak at your meeting or community forum on Elder Abuse Law.

There are many more ideas that I will be sharing with you in the next newsletters. I also would love to have pictures and/or information on what you are doing, so we can share in the PTNs. Let's take the "Time" to make a difference in the lives of our Elders in Maine.

President Marge and I thank you in advance for joining the fight to eradicate elder abuse in Maine.

THE INFORMATION HIGHWAY

Adult Protective Services

The Office of Aging and Disability Services provides or arranges for services to protect incapacitated and dependent adults age 18 and over. If you or someone you know is being abused, neglected, exploited or is unsafe, call Adult Protective Services to make a confidential report.

Nationwide 24-hour, toll free1-800-624-8404
Toll FreeDial 711 (Maine Relay)

Alzheimer's Care and Support

Information, education and support services for people with dementia and their families are available through the Alzheimer's Association, Maine Chapter. Referral and resource information on Alzheimer's disease and related disorders, symptoms, diagnosis, caregiving issues and county-by-county lists of dementia specific services are available at no charge. Information, care consultation, and a sympathetic listener are available 24 hours a day through their statewide toll-free Helpline.

Staff social workers provide in-depth care management as requested. Educational conferences, workshops and training seminars are regularly scheduled in a variety of locations for family and professional caregivers. Additional services include support groups statewide and Safe Return, a nationwide program for people with dementia who wander and become lost. The Association publishes a free, quarterly newsletter with up-to-date articles on research, caregiving issues, and a calendar of events. Free information packets are sent upon request.

Alzheimer's Association, Maine Chapter

383 U.S. Route 1, Suite 2C, Scarborough, ME 04074
Helpline (available 24/7).....1-800-660-2871
Business(207) 772-0115
Fax.....(207) 772-3705

www.alz.org/maine

Aging and Disability Resource Centers (ADRC)

The Office of Aging & Disability Services (OADS) is committed to implementing a No Wrong Door or One Stop Shop system throughout the state. No Wrong Door is an Aging and Disability Resource Center (ADRC) where people can receive information about services and support.

The ADRC creates a single, coordinated system of information and access for all persons seeking long term supports and services. The objectives are to reduce consumer confusion, build consumer trust and respect by enhancing individual choice and informed decision-making, and break down barriers to community-based living by giving consumer's information about the complete spectrum of private and public long-term care options. ADRCs are available statewide.

Anyone can call their Aging and Disability resource Center to receive help in many ways. There is no charge for the assistance you receive.

- Information and referrals
- Service information
- Medicare/Health Insurance counseling
- Educational Opportunities

Aging and Disability Resource Centers (ADRC)

- Options Counseling
- Advocacy
- Caregiver Support Services
- Healthy Aging Programs

Call ADRC Maine at 1-877-353-3771

Aging and Disability Resource Centers (ADRC)

Aroostook Agency on Aging (Aroostook County)

One Edgemont Drive, Suite 2, PO Box 1288, Presque Isle, ME 04769

Voice (207) 764-3396 Toll Free 1-800-439-1789 TTY (207) 992-0150

Office Hours: 8am – 4:30pm, Monday – Friday

<http://www.aroostookaging.org>

Eastern Agency on Aging (Hancock, Penobscot, Piscataquis & Washington Counties)

450 Essex Street, Bangor, ME 04401-3937

Voice (207) 941-2865 Toll Free 1-800-432-7812 TTY (207) 992-0150

Office Hours: 8am – 4:30pm, Monday – Friday

<http://www.eaaa.org>

SeniorsPlus (Androscoggin, Franklin & Oxford Counties)

8 Falcon Road, Lewiston, ME 04240

Voice (207) 795-4010 Toll Free 1-800-427-1241 TTY (207) 795-7232

Office Hours: 8:30am – 4:30pm, Monday – Friday

<http://www.seniorsplus.org>

Spectrum Generations (Kennebec, Knox, Lincoln, Sagadahoc, Somerset & Waldo Counties, Brunswick & Harpswell)

One Weston Court, Suite 203, Augusta, ME 04330 (Home Office, centers are also located in the other counties/area)

Voice (207) 622-9212 Toll Free 1-800-639-1553 TTY (207) 623-0809 Toll Free TTY 1-800-464-8703

Office Hours: 8am – 4:30pm, Monday – Friday

<http://www.spectrumgenerations.org>

Southern Maine Agency on Aging (Cumberland, except Brunswick & Harpswell, & York Counties)

136 U.S. Route 1, Scarborough, ME 04074

Voice (207) 396-6500 Toll Free 1-800-427-7411 TTY (207) 883-0532 Fax (207) 883-8249

Office Hours: 8am – 4:30pm, Monday – Friday

<http://www.smaaa.org>



DOMESTIC VIOLENCE AWARENESS AND PREVENTION

GFWC IS A NATIONAL LEADER IN THE FIGHT TO END DOMESTIC VIOLENCE BY RAISING AWARENESS ABOUT THIS SOCIAL ISSUE.

Visit www.GFWC.org/ClubManual for updates and more information.

By supporting existing activities, working with various established programs, and initiating educational opportunities for club members and local citizens, the goal of the GFWC Signature Project: Domestic Violence Awareness and Prevention is to increase awareness and prevention of the widespread occurrence of domestic abuse in communities across the nation.

GFWC members will speak with one voice:

- To develop and influence federal and state legislation that positively affects the lives of domestic violence victims and their families.
- To protect the safety, security, and dignity of older citizens.
- To promote fundraisers which provide a positive and constructive solution to victims of abuse through the *GFWC Success for Survivors Scholarship*.
- To promote projects that support and cultivate work with national and local domestic violence and abuse organizations.
- To support GFWC Signature Project: Domestic Violence Awareness and Prevention Program partners.



SPECIAL HAPPENINGS!



A surprise party for 70-year club member Ruth Shurman was held at a recent Secret Auction and Membership Social for the GFWC/Dexter Women's Literary Club. Ruth was Club President from 1951-1952 and is currently an honorary member who resides in Dexter during the summer months. The club had a guest speaker who demonstrated cake decorating. When the cake was finished, it was presented to Ruth with the writing "Happy 70th Anniversary!". It was a complete surprise to Ruth.



2014 GFWC Maine Fall Conference





GFWC Maine members at the 2014 New England Region Conference in Burlington, Vermont



“Our Past Will Determine Our Future”

*Wendy Bowler
GFWC Maine
Corresponding Secretary
PO BOX 732
Gorham, ME 04038*

**Pine Tree Notes
Deadlines
January 7, 2015
March 1, 2015**

**GFWC MAINE
122 Years of Volunteer Service**